

# MABEL CRAWFORD'S

## BISTRO



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### ALLERGEN INFORMATION

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1: CEREALS (CONTAINS FLOUR) 2: CRUSTACEANS 3: EGGS  
4: FISH 5: PEANUTS 6: SOYBEANS 7: MILK 8: NUTS  
9: CELERY 10: MUSTARD 11: SESAME SEEDS 12: SULPHITES  
13: LUPIN 14: MOLLUSCS

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## STARTERS

- HOMEMADE SOUP OF THE DAY** 5.60  
Truffle Oil, Croutons, Fresh Herbs &  
Brown Soda Bread. Contains **135789**
- CHEF ADRIAN'S SEAFOOD CHOWDER** 8.95  
Local Caught Seafood, White Wine  
Velouté, Smoked Fish. Contains **134578912**
- WARM CAJUN CHICKEN & BACON SALAD** 11.95  
Organic Leaves, Homemade Wedges, Sundried  
Tomatoes, Parmesan Cheese Contains **157810**
- ENGLISH MARKET TASTING BOARD** 11.95  
Spiced Beef Roulade, Clonakilty Pudding  
taster, House Pate, House Salad. Contains **1358**
- SPICY CHICKEN WINGS** 8.95  
In-house Hot Sauce, Celery Sticks, Blue  
Cheese Dipping Sauce Contains **158910**
- HONEY & THYME ARDSALLAGH GOATS CHEESE** 10.95  
Candied Walnuts, Beetroot spirals,  
Toasted Herb Sour Dough. Contains **13578** (Walnuts)
- COUNTRY STYLE CHICKEN LIVER PATE** 8.95  
Apricot Chutney, tossed house Salad,  
Brandy infused Butter. Contains **135810**

## ENTREES

- SPICY MOROCCAN LEG OF LAMB** 19.95  
Sweet Potato Puree, Lime Crème  
Fraiche, Chilli Jam, Naan Bread. Contains **1358912**
- CASTLE FARM CRISPY FARMYARD DUCKLING** 22.95  
Apricot & Thyme Stuffing, Jameson Irish Whiskey &  
Orange Glace with Pink Salt Dusting. Contains **15812**
- MEDITERRANEAN FILLET OF FISH** 21.95  
(Please ask Server if it is Cod, Salmon or Hake)  
Chorizo Sausage & Butterbean Compote, Wilted  
Greens, Virgin Olive Oil. Contains **45812**
- PAN-SEARED FILLET OF CHICKEN** 17.95  
Stuffed with Wilted Spinach, Feta Cheese,  
Sundried Tomatoes, Toasted Pine Nuts  
wrapped in Parma Ham. Contains **578**
- BEER BATTERED LOCALLY SOURCED  
FISH & CHIPS** 17.95  
Crushed Minted Pea, Tartare Sauce, Fries.  
Contains **13457810**
- ATLANTIC SEAFOOD LINGUINE** 20.50  
Tenderstem Broccoli, Classic Tomato Sauce,  
Gremolata Crumb. Contains **1345812**
- SAVOURY STUFFED PORK STEAK** 17.50  
Parship Crisps, Apple & Herb Stuffing,  
Wholegrain Mustard Sauce. Contains **135810**
- IRISH 8OZ GOURMET BURGER** 16.95  
Organic Tossed Leaves, Brioche Bun, Crispy  
Bacon, Cheddar Cheese & Fries. Contains **1357811**

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## ENTREES

<b>THAI CHICKEN CURRY</b> Basmati Rice, Crispy Poppadom Contains <b>1 3 5 7 8 12</b>	17.50
<b>8OZ SIRLOIN STEAK</b> Sautéed Mushroom & Onions, Grilled Tomato, Pepper Sauce & Fries. Contains <b>1 5 8 12</b>	25.95
<b>SLOW COOKED FEATHER BLADE OF BEEF</b> Fondant Potato, Buttered Kale, Red Wine Jus. Contains <b>1 5 8 9 10 12</b>	20.95
<b>JOINT OF THE DAY</b> Please ask your Server. <b>1 3 5 8 7</b>	18.95

## LIGHT BITES

<b>SOUP COMBO</b> Fresh Sandwiches of your choice Contains <b>1 3 5 7 8 12</b>	11.95
<b>SEAFOOD CHOWDER COMBO</b> Fresh Sandwiche of your choice Contains <b>1 2 3 5 7 8 9 12</b>	13.95
<b>TOASTED SPECIAL &amp; FRIES</b> Ham, Cheese, Tomato, Onions, Crispy Fries Contains <b>1 3 5 7 8</b>	9.95
<b>TRIPLE DECKER DOORSTEP SANDWICHE</b> Contains <b>1 3 5 7 8 10</b>	12.95
<b>ORIENTAL TOASTED CHICKEN CIABATTA</b> Wild Garlic & Ginger Dressing, Rocket Leaves, Pickled Cucumber, Organic House Salad, Served with chips. Contains <b>1 3 5 6 7 8 10</b>	14.95

## SIDE ORDERS

<b>PORTION OF FRIES</b> <b>1 5 8</b>	3.60
<b>PORTION OF HOMEMADE ONION RINGS</b> <b>1 5 8</b>	3.70
<b>ORGANIC TOSSED SALAD</b> <b>5 8 10</b>	3.95
<b>PORTION OF GARLIC POTATOES</b> <b>1 5 7 8</b>	3.95
<b>SAUTÉ ONIONS &amp; MUSHROOMS</b> <b>1 5 8</b>	3.70

## DESSERT

<b>PINEAPPLE CARPACCIO &amp; LIQUORICE ICE-CREAM</b> Homemade Cookie, Mixed Berries, Fruit Syrup. Contains <b>1 3 5 7 8</b> (Hazelnuts)	6.95
<b>BAILEYS &amp; CHOCOLATE CHIP CHEESECAKE</b> Butter-crumb biscuit, cream-cheese, double cream. Contains <b>1 3 5 8 7</b>	7.95
<b>CHOCOLATE &amp; WALNUT BROWNIE</b> Praline Crumb, Vanilla bean ice-cream Contains <b>1 3 5 7 8</b> (Walnuts)	7.95
<b>DESSERT OF THE DAY</b>	7.95

## TEA & COFFEE

<b>CAPPUCCINO</b>	3.40	<b>HOT CHOCOLATE</b>	3.20
<b>LATTE</b>	3.20	<b>ENGLISH BREAKFAST TEA</b>	3.20
<b>AMERICANO</b>	3.20	<b>HERBAL TEA</b>	3.20

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## BEER

### BOTTLED BEER & CIDER

BUDWEISER	5.50
HEINEKEN	5.50
HEINEKEN 0	5.50
MILLER	5.50
CORONA	5.50
BULMERS	5.50
BULMERS PINT	6.20
KOPPARBERG	6.00

### DRAUGHT BEER & CIDER

GUINNESS	5.25
MURPHY'S	5.10
SMITHWICKS	5.40
HEINEKEN	5.50
BULMERS	5.50
COORS LIGHT	5.50
BUDWEISER	5.50
CUTE HOOR	5.80

## SPIRITS

### WHISKEY

JAMESON	5.00
JACK DANIELS	5.00
POWERS	5.00
BLACK BUSH	5.00
PADDY	5.00

### VODKA

SMIRNOFF	5.10
GREY GOOSE	7.00

### LIQUERS

BAILEYS	5.10
MALIBU	5.10
TIA MARIA	5.10
CRÉME DE MENTHE	5.10

### RUM

BACARDI	5.10
CAPTAIN MORGAN	5.10

### GIN

CORK DRY GIN	5.10
BOMBAY SAPPHIRE	5.50
HENDRICKS	7.00
DINGLE	5.50
GORDONS	5.10
PINK GORDONS	5.95
GUNPOWDER	8.50

### MIXERS

TONIC WATER	2.60
SLIM LINE TONIC	2.60
SODA WATER	2.60
WHITE LEMONADE	2.60
GINGER ALE	2.60

## MINERALS

### JUICES

APPLE	3.20
ORANGE	3.20
CRANBERRY	3.20

### SOFT DRINKS

7UP	3.20
DIET 7UP	3.20
COCA COLA	3.20
DIET COCA COLA	3.20
CLUB LEMON	3.20
CLUB ORANGE	3.20

## WINES

### WHITE WINE

	GLASS
ESTIVALIA SAUVIGNON BLANC Chile	7.20
ALDRIDGE ESTATE CHARDONNAY Australia	7.20
VILLA CERRO PINOT GRIGIO Italy	7.20

### RED WINE

	GLASS
ESTIVALIA CABERNET SAUVIGNON Chile	7.20
ESTIVALIA MERLOT Chile	7.20
CLUB PRIVADO BARON DE LEY RIOJA Spain	9.50
BORTOLOTTI PROSECCO SPUMANTE	9.50
DOMAINE DE LA FERRANDIERE GRENACHE GRIS ROSÉ (France)	8.00

PLEASE ASK A SERVER FOR  
OUR FULL WINE LIST